



A community tapestry, woven *together*

Vision

Established in 1917, the Y serves a diverse area of Upper Manhattan with a commitment to excellence and evolution as we meet the changing needs of our community. Every day, we strive to strengthen bonds, improve lives and embody the Jewish idea of "tikkun olam," repair the world.

Mission

To improve the quality of life for people of all ages. The Y offers accessible, innovative and inclusive programs and provides critical social services, bringing people together and helping those in need.

From the desk of our CEO



Marty Englisher at a Home Base building dedication ceremony at Camp Twelve Trails

This year marks my 50th as a Y staff member and my 41st as its CEO. I am so proud of all we've accomplished over these many years, and I'm even prouder that as an organization, we continue to push to evolve and serve our community in new ways.

In our work with older adults, our **Center for Adults Living Well** enriched the lives of over 1,000 members with meals, classes and special events such as trips and concerts. Our inclusive **after school and workforce development programs** engaged with over 1500 youths ages 5-24. Our **Environmental Education** program is flourishing, with nursery and after school students working in our hydroponic and rooftop gardens and sharing the harvest with our older adults center and a community fridge. The **Norman E. Alexander Center for Jewish Life** welcomed our first cohort to the **Jewish Latinx Youth Council**, which brought teens together to develop cross-cultural understanding and connections while learning from local social change-makers.

The goals of our work at the Y always come down to improving lives and building community. We're grateful for your generosity and trust, which makes our work possible. I look forward to seeing you here at the Y in the next year.

All my best,

Martin G. Englisher

+ saylarle

Children & Families

Weaving Joy



All of our children's programming is inclusive, and in each program we work to meet children where they are, build on their strengths and celebrate their accomplishments. Whether it's in our 2s program, free PreK-3 and pre-K 4-year-old classrooms, after school programs or weekend activities, children at the Y are seen and heard.

Spotlight:

On Sundays, we host Sunday Funday, the only free social and recreational program in upper Manhattan for children ages 5-16 with Autism Spectrum Disorder. Kids join activities that support their social and emotional growth while parents have a chance to meet, have coffee or run an errand. As one mom put it, Sunday Funday helps kids "find their own joy."



Children's Gardening



Footpaths Swimming Class



Community Fridge Drop Off

NEW PARENTS GROUPS-UKULELE SHABBAT-2S NURSERY SCHOOL-FREE PREK 3S AND 4S FOR ALL-BE ME AFTER SCHOOL-SHABBAT COMMUNITY DINNERS-FAMILY VOLUNTEER DAYS

Older Adults

Weaving Connections



The Center for Adults Living Well @ the Y has a calendar that is chock full of events. Themed parties, special concerts, field trips around New York City – these are all part and parcel of what happens here in addition to classes, fitness, daily meals and social services counseling. When someone becomes a member of our Center, they know that there's always something to do— and there will always be someone by their side.



Passover Seder

Spotlight:

During the pandemic, the Y developed regular meal delivery and emotional outreach for isolated Russian speaking Holocaust survivors. Two years later, survivors came together to celebrate Hanukkah and Passover; they took trips to the opera and New York Botanical Gardens; and they've been part of an oral history project. We're lucky to share these experiences with this special group.

HOT AND TO-GO MEALS-ENTITLEMENT COUNSELING IN SPANISH, ENGLISH AND RUSSIAN-FITNESS AND ART CLASSES-DISCUSSION GROUPS-HOME SAFETY ASSESSMENTS-HOME VISITS BY A GERIATRIC SOCIAL WORKER AND GERIATRIC NURSE PRACTITIONER-TRANSPORTATION-TRIPS

Workforce Weaving Futures



This year the Y extended our workforce development program from six weeks over the summer to five months over the course of the school year. In 2021, over 800 young people ages 14-24-years-old worked in meaningful, paid internships through the Y's workforce placement program. From October through March, nearly 90 additional students joined us to explore careers and cultivate workforce skills while going to school.

In Their Voices:

What is the most important lesson you learned during the program?

- "The most important lesson I learned is that we have the power to change our communities,"
- -Devin P.
- "...You can achieve anything you put your mind to."
- -Camille C.
- "The most important lesson I learned from the program is...you have to speak up for yourself and communicate whatever questions or concerns you have."
- -Kimberly G
- "You need to commit!! Even if you think you've tried your hardest, try even harder."
- -Jesse K.



Workforce Interns



Workforce Interns

Camp Twelve Trails

Weaving Memories



Camp Twelve Trails welcomed its largest cohort of campers since its founding six years ago. 630 children, ages 5-16, did all the things that make summer camp so memorable. And, our inclusion program made it possible for kids with a range of strengths and differences to enjoy camp to its fullest.

Spotlight:

Every Wednesday at camp, kids and campers dress up, and every Thursday there's a special theme. Mustache Day-why not? Purim in July? Two Purims a year are twice as fun! Not only are themes and dressing up fun, they help kids build friendship and community.



Shimon Campers



Judah Campers



Grow Neighborhood

SWIMMING-MUSTACHE DAY-STEM-ARCHERY-S'MORES-KINDNESS QUILT-SOCCER-TEAM SPIRIT DAY-KICKBALL-ARTS & CRAFTS-TRIPS-COLOR WAR

The Norman E. Alexander Center for Jewish Life

Weaving Community



The Norman E. Alexander Center for Jewish Life (NEA-CJL) is committed to engaging with people of all backgrounds and life-stages throughout their personal Jewish journeys. This year saw our first cohort of the Jewish-Latinx Youth Council, a coalition of 20 young people, 10 from each community, who learned about each other, themselves and how to enact change. This year, we are excited for our second cohort of Jewish and Latinx youth, and our first cohort of Jewish and Latinx young adults. Throughout the coming year, we will bring people together through local volunteer efforts, family dinners, special events and a social justice summit. We hope to see you here!

Spotlight:

Fridays at the Y are special. Our after school program participants, toddlers and their caregivers, and a group of older adults each celebrate special Shabbat rituals, celebrating the day of rest. With our older adults, a small group, which includes Holocaust survivors, gathers from week to week. When someone can't be there, our group leader calls them so they can participate over the phone or visits them to share the weekly rituals one on one. Everyone sings songs in English, Spanish and Hebrew, and the room is filled with a sense of spirit, continuity and community.



Celebrating Israeli-Bulgarian Foods



Bubbie's Kitchen



Sukkot Under the Stars

A Pillar of Support



The Y has been a part of Upper Manhattan since its founding in 1917. Local churches, hospitals, community organizations and others know they can turn to the Y when their constituents are in need. This year, we continued delivering meals to and organizing special events for Russian speaking Holocaust survivors. We partnered with the Robin Hood Foundation and UJA-NY Federation-New York Times Neediest Cases Fund to distribute cash assistance for those who need winter clothing, help with utilities or are at risk of losing their homes. We remain grateful to be able to reach out a helping hand when our neighbors need it most.

Spotlight:

After Russia invaded Ukraine, the Y mobilized an effort to collect desperately needed goods to send to those in harm's way. Our community came together and donated nearly 1,000 pounds of essential items like diapers and medical supplies to Odessa.



Harbor Heights Carnival



Rosh Hashanah Luncheon



Ukranian Relief Effort

Financials

REVENUE

Total Revenue*	\$13,566,610
Investment & Other Income	200,947
Wien House	2,359,540
Contributions/Foundations	605,007
Government Grants	5,607,174
UJA-Federation of NY	1,287,007
Program Fees	\$3,506,935

EXPENSES

Be Me After School	\$768,928
Summer Camp	1,920,463
Older Adult Center	1,093,721
Teen Services	1,175,692
Workforce Development	470,655
Adult Services	576,193
Nursery School	1,573,819
Norman E. Alexander Center for Jewish Life	349,306
Total Program Services	\$7,928,777
Low-Income Rental Housing	2,216,643

SUPPORT SERVICES

Total Operating Expenses	\$12,631,851
Development & Fundraising	119,493
Management & General	\$2,464,162

^{*}Please Note: Excludes pandemic related payments.

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