

# Aging in Place Outreach Network (APON)

The Y is excited to launch its new extended social services program designed to help older adults connect with our home-based support services so they can continue to live independently with safety and dignity.



## Services Include:

- Assistance with Accessing Benefits and Entitlements
- Home Safety Assessments
- Medical Escorting
- Home Visits by Social Worker and Geriatric Nurse Practitioner
- Support with Remote Medical exams at Home
- Information and Referral Services
- Housekeeping and Light Shopping
- Case Management
- Crisis Intervention

**For more information, contact Michelle Gomez, MSW  
Aging in Place Outreach Network (APON) Coordinator at  
(646) 518-3729 or by email at [mgomez@ywhi.org](mailto:mgomez@ywhi.org)  
Support services are available in English, Spanish and Russian**



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