

SCHEDULES

Mondays through Thursdays, in addition to homeroom, participants participate in two 45-minute elective periods. These electives are broken up by grade bands. On Fridays participants independently choose a club and attend our community-wide Shabbat. Activities offered span our five neighborhoods (Play, Explore, Create, Discover, Grow), and offer a wide variety of options for participants to engage in every day. Elective options are subject to change based on registration and enrollment.

Monday - Thursday

2:30 - 3:10 Arrival, Homeroom/Snack
3:10 - 3:30 Values-Based Learning Activity
3:30 - 3:40 Transition
3:40 - 4:25 Activity Period 1
4:25 - 4:35 Transition
4:35 - 5:20 Activity Period 2
5:20 - 5:30 Transition to Dismissal
5:30 - 6:45 Dismissal/Transition to Late Care
5:45 - 6:15 Late Care

Friday

2:30 - 3:30 Arrival, Homeroom/Snack
3:30 - 3:40 Transition
3:40 - 4:10 Shabbat
4:10 - 4:15 Transition
4:15 - 5:00 Club
5:00 - 5:05 Transition
5:05 - 5:20 Homeroom Shabbat Activity
5:20 - 5:30 Transition to Dismissal /
Dismissal

ACTIVITIES

Please see the daily activity schedule below; activity descriptions are on the following two pages. Activities denoted with an asterisk are premium activities and are associated with an additional charge beyond annual tuition. Please note activities are subject to change.

MONDAY

Activity 1 (3:40 - 4:25)

Kinder	Live, Play, Repeat
Kinder - 1st	Games Room
Kinder - 2nd	*LEGO Robotics (2 period activity)
Kinder - 5th	Homework Help
1st - 2nd	Rockwall and Sports
2nd - 3rd	Textile Arts
2nd - 3rd	*Scamper Theater
3rd - 5th	Chorus (2 period activity)
3rd - 5th	*Soccer (2 period activity)
3rd - 5th	Farm to Table

Activity 2 (4:35 - 5:20)

Kinder	Rockwall and Sports
Kinder - 1st	*Scamper Theater
Kinder - 2nd	*LEGO Robotics (2 period activity)
Kinder - 2nd	Farm to Table
Kinder - 2nd	Sensational Sensory Art
Kinder - 5th	Homework Help
2nd - 3rd	Games Room
3rd - 5th	Chorus (2 period activity)
3rd - 5th	*Soccer (2 period activity)
3rd - 5th	Live, Play, Repeat

TUESDAY

Activity 1 (3:40 - 4:25)

Kinder - 1st	Artventures
Kinder - 2nd	Chorus (2 period activity)
Kinder - 2nd	*Soccer (2 period activity)
Kinder - 2nd	*Bubbie's Kitchen
Kinder - 2nd	Live, Play, Repeat
Kinder - 5th	Homework Help
2nd - 3rd	Rockwall and Sports
3rd - 5th	*Swimming (2 period activity)
3rd - 5th	*LEGO Robotics (2 period activity)
3rd - 5th	Your Hero's Journey
3rd - 5th	Yoga
4th - 5th	Games Room

Activity 2 (4:35 - 5:20)

Kinder - 1st	Games Room
Kinder - 2nd	Chorus (2 period activity)
Kinder - 2nd	*Soccer (2 period activity)
Kinder - 2nd	*Bubbie's Kitchen
Kinder - 2nd	Your Hero's Journey
Kinder - 2nd	Yoga
Kinder - 5th	Homework Help
2nd - 3rd	Live, Play, Repeat
3rd - 5th	*Swimming (2 period activity)
3rd - 5th	*LEGO Robotics (2 period activity)
3rd - 5th	Artventures
3rd - 5th	Rockwall and Sports

WEDNESDAY

Activity 1 (3:40 - 4:25)

Kinder - 1st Farm to Table
Kinder - 2nd *Jazz (2 period activity)
Kinder - 2nd *Group Piano (2 period activity)
Kinder - 2nd Full STEAM Ahead
Kinder - 2nd Your Hero's Journey
Kinder - 2nd Artventures
Kinder - 5th Homework Help
2nd - 3rd Games Room
3rd - 5th *Advanced Tap (2 period activity)
3rd - 5th Jewish Journeys with Bubbie
3rd - 5th Low Ropes and Teambuilding
3rd - 5th Live, Play, Repeat

Activity 2 (4:35 - 5:20)

Kinder Games Room
Kinder - 2nd *Jazz (2 period activity)
Kinder - 2nd *Group Piano (2 period activity)
Kinder - 2nd Low Ropes and Teambuilding
Kinder - 2nd Task Masters
Kinder - 2nd Live, Play, Repeat
Kinder - 5th Homework Help
2nd - 3rd Farm to Table
3rd - 5th *Advanced Tap (2 period activity)
3rd - 5th *Bubbie's Kitchen
3rd - 5th Full STEAM Ahead
3rd - 5th Fill Your Canvas

THURSDAY

Activity 1 (3:40 - 4:25)

Kinder - 1st Rockwall and Sports
Kinder - 2nd *Swimming (2 period activity)
Kinder - 2nd Farm to Table
Kinder - 2nd Ooey-Gooey'Ology
Kinder - 2nd *STEM Kids
Kinder - 5th Homework Help
2nd - 3rd Cozy Cafe
3rd - 5th *Group Piano (2 period activity)
3rd - 5th *Jazz (2 period activity)
3rd - 5th Games Room
3rd - 5th *Parkour

Activity 2 (4:35 - 5:20)

Kinder - 1st Cozy Cafe
Kinder - 2nd *Swimming (2 period activity)
Kinder - 2nd Games Room
Kinder - 2nd *Parkour
Kinder - 5th Homework Help
2nd - 3rd Rockwall and Sports
3rd - 5th *Group Piano (2 period activity)
3rd - 5th *Jazz (2 period activity)
3rd - 5th Ooey-Gooey'Ology
3rd - 5th *STEM Kids
4th - 5th Farm to Table

FRIDAY

Every Friday of the month, participants are presented with a variety of Friday Clubs to choose to sign up for that month.

Community-Wide Shabbat

ACTIVITY DESCRIPTIONS

STEM KIDS

\$275

Learn to design, build, and create some very cool structures such as towers, boats, and more in our STEAM class. Led by NYC STEM Kids.

ROCKWALL & SPORTS

Two amazing and active classes combined into one! Here we will play sports every week AND have regular opportunities to climb the Y's awesome indoor Rockwall.

FARM TO TABLE

Let's get our hands dirty by working with soil, recycling compost, and creating natural items we use everyday, such as soap and tea.

GAMES ROOM

Participants will get to learn and play a variety of fun games throughout the semester, putting important skills to work like reading comprehension, teamwork, patience, conflict resolution, and managing big feelings.

PARKOUR

\$275

Join our professional USA-Gymnastics and WFPF Parkour Certified Instructors in learning the art of quick and efficient movement through the environment, utilizing techniques such as vaults, jumps, and climbs. This class helps children develop focus, strength, agility, and hand-eye coordination. Offered by 92Y staff.

Participants should wear comfortable athletic attire.

ADVANCED TAP* WITH BPAC

\$400

Participants will engage in an advanced tap class where they will continue developing their tap skills. Tap class is a great way to utilize musical and mathematical skills while being physically active. Open to participants enrolled in tap with BPAC during Be Me 2022-23, or with prior tap experience.

Participants are required to wear tap shoes.

ACTIVITY DESCRIPTIONS

ARTVENTURES

Here we will explore different elements (line, shape and color) through 2D and 3D projects. Each week we will look at all the ways artists (from the past and present) have used these elements and how we can create new art.

HOMework HELP

A quiet, supervised space where participants can work on homework and read quietly. Participants will also have access to our lending library, where they can check out books throughout the semester.

LOW ROPES & TEAMBUILDING

Participants will engage in fun and physically challenging low-ropes and teambuilding activities that not only improve and build upon gross-motor skills, but also cultivate skills like communication, leadership, teamwork, persistence, and more!

Participants should wear comfortable athletic attire.

BUBBIE'S KITCHEN*

\$275

Discover the world through food! Learn basic cooking skills while making traditional (and not-so-traditional) Jewish treats and other amazing meals. Every class ends with a delicious individual snack! Led by Cyndi Rand (Bubbe).

LIVE, PLAY, REPEAT

“Play is the work of childhood.” In this class, participants will get active while learning fun and exciting games, growing both physical and social-emotional skills along the way!

Bring sneakers, socks, comfortable clothing

OOEY-GOOEY'OLGY

It oozes between your fingers when you pick it up, but doesn't stick to your skin. It usually comes in a variety of colors, and can be made to glow in the dark! At times it acts like a liquid, but other times it appears as a solid. You guessed it, it's slime! We will discover all the ways to make it.

Dress for mess!

ACTIVITY DESCRIPTIONS

LEGO ROBOTICS*

\$275

This course provides an introduction to robotics for students with no programming background using LEGO.

SWIMMING*

\$550

Whether you're just learning to swim or you want to improve your skills, there will be something for you! Classes take place at New Settlement Community Center and are facilitated by New Settlement aquatics staff.

Remember to pack your bathing suit and towel!

JAZZ DANCE* WITH BPAC

\$400

One of the most popular and well known forms of dance. Jazz dance includes strength, flexibility and conditioning technique and progressions including turns, kicks and leaps.

Participants are required to wear jazz shoes.

INSTRUCTIONAL SOCCER*

\$275

In this instructional class we'll develop soccer skills, practice a variety of drills, participate in conditioning exercises, and play practice games. Instruction is provided by Asphalt Green coaches.

Participants should wear comfortable athletic attire including sneakers, and should bring a water bottle.

SCAMPER THEATRE*

\$275

This one-of-a-kind class is all about creating a really fun and silly space where children learn to trust their amazing creative instincts. Through innovative imagination games and adventures, we explore the world. In this class, our young actors practice empathy, kindness, and build confidence. Most importantly, we help them see how awesome it is to be yourself!

ACTIVITY DESCRIPTIONS

GROUP PIANO

\$275

In this instructional series, students will get an introduction to piano. In a class of eight, your child will learn basic piano skills such as note values, tempo, finger placement, and melodies. All participants will have the opportunity to perform musical selections during our Be Me showcase!

FULL STEAM AHEAD

Participants will engage in hands-on STEAM explorations through a variety of activities including solving STEAM mysteries, exploring the science of superpowers, becoming pirates, and more!

CHORUS

Join our Shirim chorus and learn about musical traditions from around the world as well as how choral music works. All participants will have the opportunity to perform musical selections during our Be Me showcase!

YOUR HERO'S JOURNEY

This class is for the student that would “rather just draw their own thing”. Using Joseph Cambell's story structure, participants will learn the fundamentals of the Hero's Journey. Applying what we've learned, participants will construct their own Hero from origin stories to fatal flaws. Whether it is a film, a comic book, or an epic poem, participants will finish this course with a physical copy of their very own Hero's Journey.

SENSATIONAL SENORY ART

Let's get messy! In this class, little artists will be encouraged to explore a variety of artistic mediums and create art using all of their senses.

Dress for mess!

COZY CAFE

Exploring different types of art from journalism, to sculpting and crafts galor all while sipping on hot tea or hot chocolate. Rotation of crafts that make you feel warm and fuzzy in these cold winter months. This will lead to a creative bloom in the spring

ACTIVITY DESCRIPTIONS

FILL YOUR CANVAS

Through the course of this class, participants learn skills like planning a piece, priming a canvas, basic color theory, and more - all while working on planning works of art using canvas and acrylic paints

YOGA

These energetic classes help your child develop strength, coordination, and body awareness to grow up with confidence!

Participants should wear comfortable athletic attire.

JEWISH JOURNEYS

WITH BUBBIE

Participants will learn about and engage with different Jewish stories and heroes through a variety of activities like puppet making, creating comic books, writing their own retellings, and more!

TEXTILE ARTS

In this hands-on class artists will learn a variety of methods to engage with textile arts including weaving, sewing, dyeing, knitting, and more!

TASK MASTERS

Think "Minute to Win It" meets "Choose Your Own Adventure"! This is for the participant that looks forward to trying something new each and every class. Anything can happen! Each week there will be new challenges and new materials to engage with.