

Program Year

For the 2024 season, Hudson Cliffs Baseball League will run from

April 7th - June 16th on Sundays.

Sessions will not be held on 4/28 and 5/26.

Practices are held at the Dyckman Fields at Inwood Hill Park

HCBL 2024 Divisions

Lil' Sluggers ➡ Born in 2019 + 2020

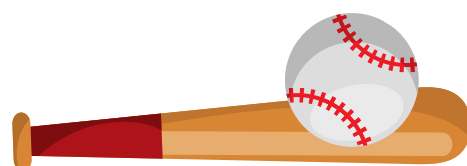
T-Ball ➡ Born in 2017 + 2018

Coach Pitch ➡ Born in 2015 + 2016

Kid Pitch ➡ Born in 2012 – 2014

CIT Program ➡ Born in 2009 – 2011

Divison	Age	Time	Field	Day
Lil' Sluggers	4 & 5	9:00am - 10:00am		SUN
T-Ball	6 & 7	9:00am - 10:15am	3 & 4	SUN
Coach Pitch	8 & 9	9:30am - 11:45am	1 & 2	SUN
Kid Pitch	10, 11 & 12	10:30am - 1:30pm	3 & 4	SUN





How To Register

All HCBL registrants are required to enroll through our Google form, which is available [HERE](#).

Payment

\$250 for Members of the YM/YWHA of Washington Heights and Inwood
\$275 for Community Members

*** Early Bird Discount of \$25 off available until January 31st, 2024 ***

We provide two payment options, which can be chosen upon registration.

1. **Charge Card on File:** If you have an account on our Parent Dashboard because you are affiliated with Be Me, Nursery, or Birthday Parties, we will be able to charge the card you have on file with your permission.

2. **EVENTBRITE:** [HUDSON CLIFFS BASEBALL LEAGUE REGISTRATION](#)

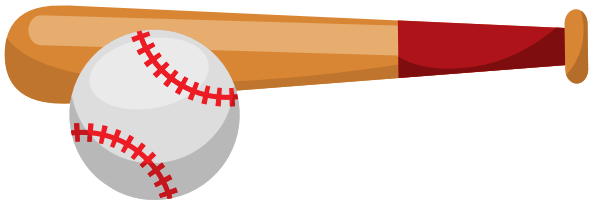
By enrolling in Hudson Cliffs Baseball League, registrants give the Y permission to charge the credit card or debit card provided at the time of registration for the appropriate fees. It is the responsibility of the registrant to familiarize themselves with the fees associated with Hudson Cliffs Baseball League services before enrollment. All fees are available at the Hudson Cliffs Baseball League homepage, as well as this document.

Membership

While membership is not required for Hudson Cliffs registrants, our Family Membership offers discounted pricing for Y programs, including Hudson Cliffs Baseball League, Y Nursery School, Nursery Elective Classes, Footpaths Nursery Camp, Be Me Afterschool, Camp Twelve Trails, adult arts & culture classes, and adult fitness classes. This membership also entitles one guardian to full access to the Y's Fitness Center.

If you are interested in signing up for a Family Membership please contact **Beth Lobasov**, blobasov@ywhi.org





Uniforms

Hudson Cliffs Baseball League provides a full uniform—t-shirts, pants, socks, and caps.

All players must have their own mitts (WITH THEIR FULL NAME WRITTEN ON IT) and wear appropriate footwear--sneakers or plastic cleats (NO METAL CLEATS).

Pants

Size: Waist (relaxed) / Inseam

XS: 9 / 17

S: 10 / 18

M: 12 / 19

L: 14 / 20

XL: 15 / 21

Adult S: 14 / 24

Most Common **Pants** Sizes For:

LIL' SLUGGERS: XS, S • T-BALL: S, M • COACH PITCH: M • KID PITCH: M, L

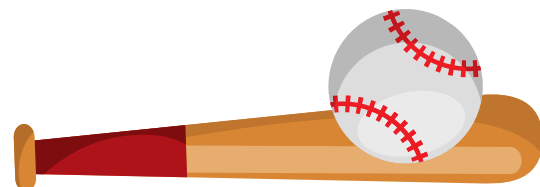
Most Common **Shirt** Sizes For:

LIL' SLUGGERS: S • T-BALL: S, M • COACH PITCH: M • KID PITCH: M, L, AS

Schedule Changes/Rain Days

If Hudson Cliffs must be canceled due to weather or other circumstances, Beth Lobasov will cancel at least one hour in advance. She will notify all participants, coaches, and volunteers via the Remind app and through email. Parents/guardians are strongly encouraged to sign up for Remind to receive the most up-to-date information about cancellations.

Hudson Cliffs Baseball League will schedule a maximum of two make-up clinics during the season in the case of closures and rainouts. These dates will be announced if the program is canceled for these reasons.





Volunteer at Hudson Cliffs

Our league relies on the support of ALL parents/guardians to properly run drills and games. We encourage you to see which opportunity below best fits what you are looking for and sign up!

>>> COACHES WILL RECEIVE 50% OFF OF THEIR CHILD'S TUITION <<<

Coach - responsible for organizing weekly practices, helping ensure players are developing skills, providing accommodations for students who need extra support, communicating to league leadership about needed support, helping organize other parents/guardians on the team, returning equipment, etc.

NOTE: Lesson Plans are provided for Lil' Sluggers Coaches and Templates are provided for T-Ball, Coach Pitch, and Kid Pitch.

Assistant Coach - assists coach in all of the above duties.

Team Parent - helps organize snack schedule, keeps dugouts organized, administrative duties as needed by team.

Grounds Crew - arrives at fields early (typically around 8 AM) to assist in preparing the fields for the day.

All Coaches and Assistant Coaches must submit a background check administered by the Y.

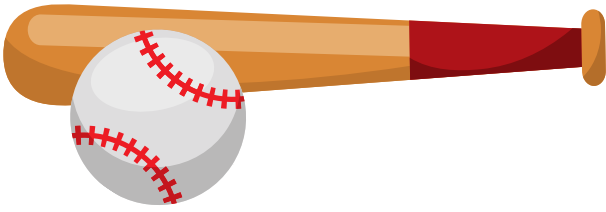
Coaches in Training - Volunteer Program

NEW THIS YEAR TO HUDSON CLIFFS BASEBALL LEAGUE, WE WILL BE INTRODUCING OUR COACHES IN TRAINING PROGRAM (C.I.T). THIS PROGRAM IS DESIGNED TO HELP YOUTH ACQUIRE PROFESSIONAL, COACHING AND LEADERSHIP SKILLS. CHILDREN BORN BETWEEN 2009 THROUGH 2011 ARE INVITED TO VOLUNTEER WITH US AT HUDSON CLIFFS. C.I.TS MUST ROLE MODEL TEAMWORK, POSITIVE ENCOURAGEMENT, SPORTSMANSHIP AND WORK ETHNIC FOR YOUNG PLAYERS. IF YOU ARE INTERESTED IN REGISTERING YOUR CHILD FOR THE C.I.T PROGRAM PLEASE FILL OUT THE REGISTRATION FORM LINKED [HERE](#).

If you have any questions about the program please reach out to

Beth Lobasov at blobasov@ywhi.org.





Sponsorships

Hudson Cliffs Baseball League is a community program. Sponsorship support is key to the success of our league and as a community organization, we appreciate their support.

Sponsorship is tax-deductible!

\$250

Contribution supports end of year celebration, weekly snacks or scholarship for one player!

\$500

Your logo on our website!
Sponsors can have their logo on our websites linked [HERE](#).

\$750

Your logo on our uniforms!
Sponsors can request the age group or division you'd like to sponsor. Sponsors that choose to have their logos on uniforms will be printed on the back of the uniform for coaches and players.

Please reach out to Beth Lobasov at blobasov@ywhi.org if you are interested in sponsoring!

Refunds

Hudson Cliffs Baseball League runs from April through June. Absences due to illness or other personal reasons shall not be made up or merit financial reimbursement or credits towards any other program or family member. The Y shall have no liability if it is closed because of labor disputes, inclement weather, or other special circumstances. There are no credits, refunds, or prorated rates offered for program cancellations and missed days.

Behaviors that Pose a Danger to Children and/or Staff. The Y reserves the right to remove any child, without providing a refund to the child's family, from Hudson Cliffs Baseball League, whose behaviors exhibit a physical and/or emotional danger to themselves, other children, and/or staff members

Sibling Discounts

Available for families with two or more participants enrolled in the Hudson Cliffs Baseball league. A 5% discount will be applied to any additional child/ren enrolled in the league.

