



After School Program
at the Y

Semester 1 Activity Schedule

(September 9, 2024 - January 24th, 2025)



Schedules

Mondays through Thursdays, in addition to homeroom, participants participate in two 45-minute elective periods (on Fridays participants independently choose a club and attend our community-wide Shabbat). These electives are broken up by grade bands. Activities offered span our five neighborhoods (Play, Explore, Create, Discover, Grow), offering a wide variety of options for participants to engage in every day. Elective options are subject to change based on registration and enrollment.



Monday - Thursday

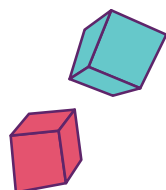
2:30 - 3:10	Arrival, Homeroom/Snack
3:10 - 3:30	Values-Based Learning Activity
3:30 - 3:40	Transition in the Gym
3:40 - 4:25	Activity Period 1
4:25 - 4:35	Transition in the Gym
4:35 - 5:20	Activity Period 2
5:20 - 5:30	Transition to Dismissal
5:30 - 5:45	Dismissal/Transition to Late Care
5:45 - 6:15	Late Care

Friday

2:30 - 3:30	Homeroom/Snack
3:30 - 3:40	Transition to Shabbat
3:40 - 4:10	Shabbat
4:10 - 4:15	Transition to Club
4:15 - 5:00	Club
5:00 - 5:05	Transition to Homeroom
5:05 - 5:20	Homeroom Shabbat Activity
5:20 - 5:30	Transition to Dismissal/Dismissal

Activities

Please see the daily activity schedule below, and note they are subject to change. Activity descriptions are on the last two pages. Activities denoted with an asterisk are premium activities, and are associated with an additional charge beyond annual tuition.



MONDAY

Activity 1 3:40 - 4:25

Kinder - 1st	Ooey-Gooley
Kinder - 2nd	*LEGO Robotics (2 Period Activity)
Kinder - 2nd	*Scamper Theater
Kinder - 2nd	Farm to Table
Kinder - 5th	Homework Help
2nd & 3rd	Games Room
3rd	Rockwall and Sports
3rd - 5th	*Basketball (2 Period Activity)
3rd - 5th	*BPAC Tap Dance
4th & 5th	Live, Play, Repeat

Activity 2 4:35 - 5:20

Kinder	Games Room
Kinder - 2nd	*LEGO Robotics (2 Period Activity)
Kinder - 2nd	*BPAC Tap Dance
Kinder - 2nd	Live, Play, Repeat
Kinder - 5th	Homework Help
1st & 2nd	Rockwall and Sports
3rd	Farm to Table
3rd - 5th	*Basketball (2 Period Activity)
3rd - 5th	Full STEAM Ahead
4th & 5th	Be Zine

TUESDAY

Activity 1 3:40 - 4:25

Kinder & 1st	Games Room
Kinder - 2nd	Chorus (2 Period Activity)
Kinder - 2nd	*Gymnastics
Kinder - 2nd	*Piano (2 Period Activity)
Kinder - 2nd	*Hebrew (2 Period Activity)
Kinder - 2nd	Yoga
Kinder - 5th	Homework Help
2nd & 3rd	Playful Players
3rd - 5th	*Swim (2 Period Activity)
3rd - 5th	Low Ropes and Teambuilding
3rd - 5th	Fill Your Canvas

Activity 2 4:35 - 5:20

Kinder & 1st	Playful Players
Kinder - 2nd	Chorus (2 Period Activity)
Kinder - 2nd	Low Ropes and Teambuilding
Kinder - 2nd	*Piano (2 Period Activity)
Kinder - 2nd	*Hebrew (2 Period Activity)
Kinder - 2nd	Artventures
Kinder - 5th	Homework Help
2nd & 3rd	Games Room
3rd - 5th	*Swim (2 Period Activity)
3rd - 5th	*Gymnastics
3rd - 5th	Yoga

WEDNESDAY

Activity 1 3:40 - 4:25

Kinder & 1st	Cozy Cafe
Kinder & 1st	Ooey-Gooey
Kinder - 2nd	*Basketball (2 Period Activity)
Kinder - 2nd	*STEM Kids
Kinder - 2nd	Live, Play, Repeat
Kinder - 5th	Homework Help
2nd	Farm to Table
2nd - 5th	*Pied Piper (2 Period Activity)
3rd - 5th	*Piano (2 Period Activity)
3rd - 5th	*Bubbie's Kitchen
3rd - 5th	Rockwall and Sports

Activity 2 4:35 - 5:20

Kinder & 1st	Farm to Table
Kinder & 1st	Rockwall and Sports
Kinder - 2nd	*Basketball (2 Period Activity)
Kinder - 2nd	*Bubbie's Kitchen
Kinder - 5th	Homework Help
2nd & 3rd	Cozy Cafe
2nd - 5th	*Pied Piper (2 Period Activity)
3rd - 5th	Ooey-Gooey
3rd - 5th	*Piano (2 Period Activity)
3rd - 5th	*STEM Kids
4th & 5th	Live, Play, Repeat

THURSDAY

Activity 1 3:40 - 4:25

Kinder	Ooey-Gooey
1st	Rockwall and Sports
Kinder - 2nd	*Swim (2 Period Activity)
Kinder - 2nd	Sensational Sensory Art
Kinder - 5th	Homework Help
1st & 2nd	Budding Botanists
2nd & 3rd	Imagination Station
3rd - 5th	*LEGO Robotics (2 Period Activity)
3rd - 5th	*Parkour
3rd - 5th	Games Room

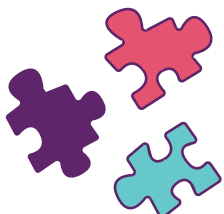
Activity 2 4:35 - 5:20

Kinder	Budding Botanists
Kinder & 1st	Imagination Station
Kinder - 2nd	*Swim (2 Period Activity)
Kinder - 2nd	*Parkour
Kinder - 5th	Homework Help
1st & 2nd	Rockwall and Sports
2nd & 3rd	Ooey-Gooey
3rd - 5th	*LEGO Robotics (2 Period Activity)
3rd - 5th	The Be Me Bulletin
3rd - 5th	Textile Arts

FRIDAY

Every first Friday of the month, participants are presented with a variety of Friday Clubs to choose to sign up for that month.

Community-Wide Shabbat



Activity Descriptions

ARTventures

Here we will explore different elements (line, shape and color) through 2D and 3D projects. Each week we will look at all the ways artists (from the past and present) have used these elements and how we can create new art.

Dress
for
mess!

Basketball*

\$300

In this instructional class we'll develop basketball skills, practice a variety of drills, participate in conditioning exercises, and play practice games. Instruction is provided by Asphalt Green coaches.

Wear
comfortable,
athletic
clothing and
sneakers

Be Zine

Join a team of creative 4th-8th grade journalists, artists, and visionaries in the process of creating a monthly zine, or newsletter. Each issue will be crafted with the warm support of two experienced teaching artists, alongside two student editors from the Contrariwise philosophy journal at Columbia Secondary School. If you have a creative eye, a unique perspective, or the ability to make your friends laugh, there is a place for you in our writer's room! This program will take place weekly on Mondays from 3:40-4:25 pm during the school year. Please fill out this form if you would like to begin the enrollment process.

BPAC: Tap Dance*

\$425

Step into the world of rhythm and fun with our Beginner Tap Dance class! Designed for elementary kids who are new to tap dancing, this afterschool program will introduce students to the basics of tap dance. Through exciting routines and playful exercises, children will develop coordination, rhythm, and a love for dance.

Participants are
required to wear a
BPAC t-shirt and black
pants (leggings or
sweatpants) and at
tap shoes.

Bubbie's Kitchen*

\$300

Discover the world through food! Learn basic cooking skills while making traditional (and not-so-traditional) Jewish treats and other amazing meals. Every class ends with a delicious individual snack! Led by Cyndi Rand (Bubbie).



Budding Botanists

Dress
for
mess!

We can learn so much from a tiny seed! Participants will get their hands dirty while discovering the fun and rewards of caring for plant life. Activities will include nature studies, art projects, and gardening.

Chorus

Join our Shirim chorus and learn about musical traditions from around the world as well as how choral music works. All participants will have the opportunity to perform musical selections during our Be Me showcase!

Cozy Cafe

Exploring different types of art from journalism, to sculpting and crafts galor all while sipping on hot tea or hot chocolate. Rotation of crafts that make you feel warm and fuzzy in these cold winter months. This will lead to a creative bloom in the spring

Farm to Table

Let's get our hands dirty by working with soil, recycling compost, and creating natural items we use everyday, such as soap and tea.

Dress
for
mess!

Fill Your Canvas

Dress
for
mess!

Through the course of this class, participants learn skills like planning a piece, priming a canvas, basic color theory, and more - all while working on planning works of art using canvas and acrylic paints

Full STEAM Ahead

Participants will engage in hands-on STEAM explorations through a variety of activities including solving STEAM mysteries, exploring the science of superpowers, becoming pirates, and more!

Games Room

Participants will get to learn and play a variety of fun games throughout the semester, putting important skills to work like reading comprehension, teamwork, patience, conflict resolution, and managing big feelings.

Group Piano*

\$300

In this instructional series, students will get an introduction to piano. In a class of eight, your child will learn basic piano skills such as note values, tempo, finger placement, and melodies. All participants will have the opportunity to perform musical selections during our Be Me showcase!

Gymnastics*

\$300

Welcome to Beginners Gymnastics! This fun and engaging afterschool class is perfect for elementary kids who are new to gymnastics. Our goal is to introduce students to the basics of gymnastics in a safe, supportive, and exciting environment. Through a variety of activities, students will build strength, flexibility, coordination, and confidence.

Wear
comfortable
clothing that
you can move
in!

Hebrew*

\$300

Welcome to Hebrew Class! This afterschool program is designed for our youngest learners to explore and enjoy the Hebrew language. Through interactive activities, songs, and games, children will begin to understand, speak, read, and write basic Hebrew. This fun and engaging class will immerse students in the language and culture, fostering a love for learning Hebrew.

Homework Help

A quiet, supervised space where participants can work on homework and read quietly. Participants will also have access to our lending library, where they can check out books throughout the semester.

Imagination Station

Welcome to Imagination Station! This dynamic theater-based class is designed to let elementary kids' imaginations run wild. Through creative play, acting exercises, and fun performances, students will explore the exciting world of theater. This class encourages self-expression, creativity, and confidence, providing a platform for young minds to shine on stage.

Lego Robotics*

\$300

WThis course provides an introduction to robotics for students with no programming background using LEGO.

Live Play Repeat

"Play is the work of childhood." In this class, participants will get active while learning fun and exciting games, growing both physical and social-emotional skills along the way!

Wear
comfortable,
athletic clothing
and sneakers

Low Ropes and Teambuilding

Participants will engage in fun and physically challenging low-ropes and teambuilding activities that not only improve and build upon gross-motor skills, but also cultivate skills like communication, leadership, teamwork, persistence, and more!

Wear
comfortable,
athletic clothing
and sneakers



Ooey-Gooley

Dress
for
mess!

It oozes between your fingers when you pick it up, but doesn't stick to your skin. It usually comes in a variety of colors, and can be made to glow in the dark! At times it acts like a liquid, but other times it appears as a solid. You guessed it, it's slime! We will discover all the ways to make it.

Parkour*

Wear
comfortable
clothing
that you can
move in!

\$300

Join our professional USA-Gymnastics and WFPF Parkour Certified Instructors in learning the art of quick and efficient movement through the environment, utilizing techniques such as vaults, jumps, and climbs. This class helps children develop focus, strength, agility, and hand-eye coordination. Offered by 92Y staff.

Pied Piper*

\$300

We are thrilled to announce that the Be Me Afterschool program is partnering with The Pied Piper Children's Theatre of NYC! This incredible collaboration will bring the magic of full-scale theatrical productions to our students each semester. Elementary kids will have the unique opportunity to immerse themselves in the world of theater, from auditions to the final curtain call.

Playful Players

Welcome to Playful Players! This exciting improv-based class is designed for elementary kids who love to be creative and spontaneous. In this class, students will dive into the world of improvisational theater, where the only limit is their imagination. Through fun and interactive games, kids will learn to think on their feet, create unique stories, and work collaboratively with their peers.

Rockwall and Sports

Two amazing and active classes combined into one! Here we will play sports every week AND have regular opportunities to climb the Y's awesome indoor Rockwall.

Wear
comfortable,
athletic clothing
and sneakers

Scamper Theater*

\$300

This one-of-a-kind class is all about creating a really fun and silly space where children learn to trust their amazing creative instincts. Through innovative imagination games and adventures, we explore the world. In this class, our young actors practice empathy, kindness, and build confidence. Most importantly, we help them see how awesome it is to be yourself!

Sensational Sensory Art

Let's get messy! In this class, little artists will be encouraged to explore a variety of artistic mediums and create art using all of their senses.

Dress
for
mess!

STEM Kids*

\$300

Learn to design, build, and create some very cool structures such as towers, boats, and more in our STEAM class. Led by NYC STEM Kids.

Swim*

\$585

Whether you're just learning to swim or you want to improve your skills, there will be something for you! Classes take place at New Settlement Community Center and are facilitated by New Settlement aquatics staff.

Bring
your
swimsuit
and towel

The Be Me Bulletin

Welcome to the Be Me Bulletin! In this exciting afterschool class, students will become junior journalists, editors, and designers as they work together to create a weekly newsletter and a potential magazine for our program. This hands-on class will help students develop their writing, creativity, teamwork, and communication skills while having fun and making their voices heard.

Yoga

These energetic classes help your child develop strength, coordination, and body awareness to grow up with confidence!

Wear
comfortable
clothing
that you can
move in!

